Memory, Attention and Summing Up

How Your Brain Works - Week 13

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Working Memory

Working memory is thought to be mediated by sustained activity of neurons in prefrontal cortex (PFC) as illustrated in the experiment by Freedman et al discussed over the next few slides.



D J Freedman et al. Science 2001;291:312-316, Figure 2:

Task design and behavior. Monkeys were trained to categorize computer images of cats or dogs in a delayed match-to-sample task. To vary difficulty, the images could be "morphed" to be, say, 70% dog and 30% cat. (A) A sample was followed by a delay and a test stimulus. If the sample and test stimulus were the same category (a match), monkeys had to release a lever before the test disappeared. Otherwise, there was another delay followed by a match. Equal numbers of match and non-match trials were randomly interleaved. (B) Average performance of both monkeys. Red and blue bars indicate percentages of samples classified as "dog" and "cat," respectively.



D J Freedman et al (2001)Figure 3B:

The average activity of a single neuron in response to stimuli at the six morph blends. The vertical lines correspond (from left to right) to sample onset, offset, and test stimulus onset. The inset shows the neuron's delay activity in response to stimuli along each of the nine between-class morph lines. The prototypes (C1, C2, C3, D1, D2, and D3) are represented in the outermost columns; each appears in three morph lines. A color scale indicates the activity level.



- Neurons in the infratemporal cortex (ITC) had learned to distinguish the picture categories. They are active when the stimulus is present.
- Neurons in the PFC hold the last seen picture in memory. Their activities are different from the end of stimulus presentation until the monkey responds.

Forming Long Term Memories with Synaptic Plasticity

Long-term Memory

- For "procedural" type learning and memory, see last lecture.
- For "declarative" and spatial memories, welcome to the world of "patient H.M.":

Patient HM



MRI scan of "H.M."



NOTE THE RESULTS OF HIS BILATERAL MEDIAL TEMPORAL LOBE RESECTION AND THE REMOVAL OF THE HIPPOCAMPUS

- Henry Molaison had his hippocampus removed bilaterally in 1953 to treat severe epilepsy.
- He died in 2008.

The hippocampus



Patient HM

- The surgery successfully cured his epilepsy, but left him with severe *anterograde amnesia*.
- He could no longer form new episodic memories. For example, he would not be able to remember people he met just hours before.
- He could not learn new landmarks to help him orient in a new environment.
- But his ability for procedural learning remained in tact. He learned to play ping-pong after his surgery. Could not remember ever having played it, but became quite good at it.

What does the hippocampus do?

- The hippocampus probably has "limbic" roles related to anxiety and depression too, but in this lecture we focus on episodic and spatial memory roles.
- It is generally thought that Long Term Potentiation (LTP) following "Hebb's Rule" is an essential ingredient for the hippocampus' key role in memory formation.

Hebb's Rule

"Cells that fire together, wire together"

- Psychologist Donald Hebb first suggested that connections between neurons that are simultaneously active might be strengthened.
- This is advantageous for "associative learning". (Associations form between things that are simultaneously signalled in the brain.)
- Strengthening (or "long-term potentiation" LTP) of simultaneously activated synapses has been observed in hippocampus (and later many other brain structures).

Structure of the hippocampus



- Hippocampus receives high level multisensory information via enthorinal cortex (EC)
- Inputs go to dentate gyrus (DG), then cornus ammonis (CA) region 3 then CA1 and then back to EC via the subiculum.
- The synapses are glutamatergic and plastic.

Inputs and outputs from hippocampus



An Example of Hippocampal LTP



- EPSPs recorded in hippocampal CA1 cell.
- 100 Hz stimulus bursts applied to "Schaeffer collateral" inputs, either under voltage clamp or with simultaneous depolarisation.
- If the input bursts are paired with depolarisation, the EPSPs are "potentiated" (i.e. larger).

The NMDA Receptor



- NMDA receptors appear to be critically involved in LTP at glutamatergic synapses.
- NMDA receptor channels open only if glutamate binds AND depolarisation removes a Mg++ from the channel's pore. This implements Hebb's rule. The postsynaptic neuron must be active already for the synapse to be modified.
- Drugs that block the NMDA receptor (AP-5, MK-801, ketamine) prevent LTP.

NMDA receptor activation lets Ca++ in



- Dendrite filled with Ca⁺⁺ indicator "calcium green" emits a flash of fluoresecent light at synaptic spine when synapse is activated.
- The fluorescence is inhibited by NMDA receptor blocker AP5

Fig 7 of Lisman et al Nat Rev Neurosci 2002 Vol 3 p 175

LTP increases AMPA currents



organization of additional AMPA anchoring sites

AMPA channels

Stimulation of vesicle-mediated delivery of AMPA channels to fill existing anchoring sites (or new sites)

AMPA

AMPA

- Ca++ activates Calcium/Calmodulin Kinase II (CaMKII)
- CaMKII increases AMPA currents in 3 ways:
- It phosphoryaltes AMPA channels
- It anchors AMPA channels at the postsynaptic membrane
- It favours the insertion of further AMPA receptors in the membrane

Fig 7 of Lisman et al Nat RevNeurosci 2002 Vol 3 p 175

Why might Hebb's Rule be useful?

 Let's consider how "associative learning" via the Hebb Rule in a neural network might support "recognition memory" where seeing only a part of something (e.g. your friend's favourite t-shirt) might remind you of the whole.

A Stimulus Specific Group



The left stimulus excites a certain set of cells each time it occurs

Another Stimulus Specific Group



The right stimulus ecites a different (possibly overlapping) set

Long-term Memory via Synaptic Plasticity



Each time cells in a group fire their mutual synapses get strengthened

Partial Excitation



An occluded stimulus excites only part of the group

Retrieval via Strong Connections \rightarrow Association!



... but the others are completed by the strong mutual connections

Noise-Suppression by Interaction



Noise has little impact as compared to the strong mutual activity. A proper firing threshold can suppress the noise completely.

Auto-associative nets



Hebbian Coincidence Rule



Red vertical lines: Axons Black horizontal lines: Dendrites Green: Old strong synapses Magenta: Newly formed synapses

- Computer simulations using artificial neural networks illustrate the pattern completion and noise robustness properties that can be achieved with auto-associative memory networks.
- Source: Hertz, Krogh and Palmer "Theory of Neural Computation"



What does this remind you of



A Rorschach Blot

Break

"Distributed representations"

- In artificial neural networks trained to recognize or recall images, the information is not "stored" in any one place, but distributed widely across the connection pattern between the artificial neurons.
- No individual synapse or neuron plays a particularly important role, the activity patterns of individual neurons in the network can be very hard to interpret, and in fact a fair proportion of neurons can be removed without obvious loss of performance ("graceful degeneration").
- So you don't need, or expect, so called "grandmother cells": single neurons which "represent" or "recognize" highly specific concepts or objects.
- So who asked for Jennifer Aniston neurons?



- **"Jennifer Aniston** neurons" were discovered by Rodrigo Quan-Quiroga in hippocampal recordings obtained from human epilepsy sufferers in the clinic of Yitzak Fried.
- Note that Quan-Quiroga does not think of his neurons as "one-ofs".

A "Halle Berry" neuron



40 Hz

1 s

Episodic memories

- It is probably best not to think of "Jenifer Aniston" neurons as proof that the brain works with "grandmother cells". Rather, they show that the hippocampus receives "sparse, high level, multisensory feature representations" of the environment, and it can combine these with spatial information to form memories of what happened when and with whom.
- Hippocampal "place cells" are thought to represent spatial location. They were discovered by John O'Keefe, using "tetrode" recordings from the hippocampus of freely moving rats.
- The discovery won him the Nobel prize.

Combining Objects with Places as a Memory-Trick

- In the "memory palace" or "method of loci" technique, people imagine a list of objects that they want to remember as placed along a path through a familiar environment, such as their family home.
- In your imagination you walk through the chosen place and imagine the objects in prominent locations. When you later wish to recall the list, just imagine walking through the same route and "see" the objects where you had placed them in your imagination.

Tetrode recordings







4242 4242

6666



Place cells



- Place cells were discovered by John O'Keefe and Bruce McNaughton in the early 70s. John O'Keefe won the Nobel Prize for this discovery.
- The video shows recordings of rat hippocampal place cells made in Matt Wilson's lab at MIT.
- Remarkably, recordings from sleeping rats from Wilson's lab suggest that rats "revisit" places they have explored in their dreams, as place cells fire in sequence when they sleep. This may be related to memory consolidation during sleep.

Testing Spatial Memory with a "Morris Water Maze"

- The Morris Water Maze is a popular technique to test spatial memory in rodents (rats or mice).
- The "maze" consists of a basin filled with "milky" water (water that has a dye in it to make it opaque).
- The water is too deep for the animals to stand, except at one point where a small platform is hidden, submerged just below the water surface.
- If made to swim repeatedly in the basin, animals with good memory usually learn to remember quickly where the platform is hidden and will search for the platform in the appropriate quadrant. Animals with poor memory will continue to swim aimlessly through the basin even after repeated experience.

NMDA receptor antagonists can impair the ability to learn spatial landmarks



- Rat brains injected with either saline (control) or NMDA antagonist AP5.
- Rats trained in **Morris water maze** task.
- Control rats learn to remember where the submerged platform is, AP5 treated rats don't.

Morris et al Nature 319, 774 - 776 (1986)

Sleep and memory consolidation

Motor sequence learning task d Sleep versus wake



- Participants in a motor sequence finger-tapping task show similar sleep-dependent improvement, correlated with late-night stage 2 non-REM sleep.
- From Stickgold (2005) Nature

Sleep phases and memory



- Procedural memory (such as finger sequence tasks) benefits from slow wave and REM sleep.
- Declarative maze running or water maze performance benefits particularly from REM sleep.
- The role of sleep in learning declarative items such as vocabulary is less clear.

Forgetting

- Memory is due to widely distributed patterns of changed synaptic connectivity.
- Memories can be lost either through *degradation* or through *interference*.
- Some degradation is normal, but certain pathological conditions can hasten memory loss and cause retrograde amnesia or dementia.

Korsakoff's Syndrome

- Between 10% and 24% of cases of dementia in the UK are estimated to be alcohol related (Kopelman et al Alcohol and Alcoholism Jan 2009).
- Alcohol can damage the brain directly as well as by inducing thiamine (vitamin B1) deficiency.
- The mammillary bodies are often particularly affected.





The Mammilary Bodies





Alzheimer's Disease



- Thought to affect 10% of over 60 year olds and 20% of over 80 year olds.
- Cause unclear. Treatment accordingly extremely difficult.

How the Brain Works (putting it all together)

- Electrical and chemical signalling in nerve cells is used to link sensory input to motor output.
- The link can be very simple (unconditioned stretch reflex), moderately complex (conditioned reflex) or highly complex ("cognitive" tasks).



- The central nervous system is composed of many subsystems that are organized in a hierarchical manner.
- Generally, more complex the "sensory input → behaviour mappings" require more involvement of "higher order centres".



- Synaptic connections along the neural pathways can perform computations by summation of excitatory and inhibitory inputs and divergent and convergent connection patterns.
- Many synapses are modifiable, allowing connection patterns, (and hence the function of neurons) to be shaped by experience.
- Examples we considered included early visual development, reinforcement learning and episodic memory formation.



- Neurons in many parts of the central nervous system are highly spontaneously active, and are parts of networks that are wired up "recurrently" (i.e. in loops).
- In other words, nerve impulses could in principle come about for apparently no good reason at all, keep going round and around endlessly through countless parallel loops, and may trigger spontaneous (pointless?!) action.
- Remember the dyskinetic patient we saw in an earlier lecture? Or the spinal pattern generators?



• The "loops" through the brain provide key short- and long term memory functions, and are subject to regulation by "neuromodulator" (dopamine, noradrenaline ...) and hormonal (leptin, ghrelin, oxytocin,...) systems. In this manner they link experience and emotional and physiological states into our action patterns.



Split-brain Patients and the Conundrum of the Single "Me"



What "unifies" the massively parallel and widely distributed brain activity into an apparently single "mind"?

We don't know for certain, but:

- the single, unified "self" is probably much more of an illusion than we normally admit to ourselves, and
- 2. Being able to focus attention on "one thing at a time" probably helps.

Competitive ("Winner Take All") Networks



Backprojections in Sensory Pathways

- Connections along sensory pathways tend to be two-way.
- Descending connections can outnumber ascending connections.
- In the case of hearing, backprojections go all the way back to the cochlea.



Attention Retunes Sensory Receptive Fields :-

Experiments by Shamma and Colleagues



Ferrets drink from water spout while listening to sound stimuli. Broadband "TORCs" signal that the animal can drink in comfort. Pure tones signal that a mild but unpleasant electric voltage is about to be applied to the spout. The animals quickly learn to interrupt drinking until the TORCs resume. The sound frequency of the warning ("target") tone is held constant throughout an experimental session. A1 STRFs can be constructed by reverse correlation with responses to TORC stimuli.

Attention Induced STRF Changes



- From Fritz et al *Nature Neuroscience* **6**, 1216 1223 (2003)
- Filter properties (STRFs) of A1 neurons change rapidly as the animal attends to particular target frequencies.

Attention Has a High Metabolic Cost :-

Experiments by David Heeger and Colleagues

Pattern Detection Task

• Stimulus:



Strong response when stimulus is present



Most of the metabolic energy is spent trying to see, rather than seeing.

- Base response when stimulus absent attention?
- Small increment when stimulus present sensory signal?



Attention

- Is mediated by feedback descending pathways from higher order to lower order sensory structures.
- Is related to expectations.
- Can reduce sensitivity to unattended stimuli and enhance sensitivity to attended ones.
- Can require more "effort" (metabolic cost) than mere feed-forward processing of stimuli.

How the Brain Works:



It's not that complicated really.



We hope you enjoyed the course.

Please send us feedback! Complete TLQ if you haven't done so already.